

MUMC At-Home Worship:

June 7, 2020

Hello friends!

We're starting a new worship series this week focusing on worship, using the Bible's own worship material – the ancient Hebrew poetry in the book of Psalms. As we'll see, these Psalms are honest and sometimes painfully honest reflections of the human experience. I encourage you to read the scriptures slowly during worship, maybe even reading it through twice. There's a lot in each of them to take in!

I'm so glad you're continuing to worship with us throughout these weeks. Have a blessed week!

-Pastor Dillon

If available, place a candle in the center of your gathering space and light it with this prayer:

Dear God, may our worship center us in your living presence and strengthen us for the week to come. In the name of the risen Christ, we pray. Amen.

Hymn: *O Worship the King*, United Methodist Hymnal #73 – [watch/listen here](#)

Old Testament Reading: Psalm 62

The word of God for the people of God.

Thanks be to God!

Reflect:

1. This Psalm goes through several emotional states (security, outrage, disillusionment, etc). Which resonates most deeply with you today? Why?
2. The Psalm ends with a challenging statement, saying that God “will repay everyone according to their deeds.” How might this perspective exist alongside God’s abundant grace and mercy?
3. The primary theme in this Psalm seems to be trust in God as a refuge and strong rock. Have you experienced this in your faith journey? How might we lean especially on God in difficult times?

Hymn: *Beams of Heaven as I Go*, United Methodist Hymnal #524 – [watch/listen here](#)

Prayer Requests: Share prayer requests and have a moment of silent prayer

Lord's Prayer

Hymn: *O God, Our Help in Ages Past*, United Methodist Hymnal #117 – [watch/listen here](#)

Closing Prayer:

Holy God, we rest in the strong foundation of your love. No matter the circumstances around us, may we find worship in our everyday. In Christ's name we pray, Amen. (*Blow out the candle*)

O Worship the King
United Methodist Hymnal #73

1. O worship the King, all glorious above,
O gratefully sing God's power and God's love;
our Shield and Defender, the Ancient of Days,
pavilioned in splendor, and girded with praise.
2. O tell of God's might, O sing of God's grace,
whose robe is the light, whose canopy space,
whose chariots of wrath the deep
thunderclouds form,
and dark is God's path on the wings of the storm.
3. The earth with its store of wonders untold,
Almighty, thy power hath founded of old;
hath stablished it fast by a changeless decree,
and round it hath cast, like a mantle, the sea.
4. Thy bountiful care, what tongue can recite?
It breathes in the air, it shines in the light;
it streams from the hills, it descends to the plain,
and sweetly distills in the dew and the rain.
5. Frail children of dust, and feeble as frail,
in thee do we trust, nor find thee to fail;
thy mercies how tender, how firm to the end,
our Maker, Defender, Redeemer, and Friend.

"O Worship the King" words by Robert Grant, 1833, and are in the public domain.

Psalm 62 (CEB)

Only in God do I find rest;
my salvation comes from him.
Only God is my rock and my salvation—
my stronghold!—I won't be shaken anymore.

How long will all of you attack others;
how long will you tear them down
as if they were leaning walls or broken-down
fences?

The only desire of this people
is to bring others down low;
they delight in deception.
With their mouths they bless,
but inside they are cursing. *Selah*

Oh, I must find rest in God only,
because my hope comes from him!
Only God is my rock and my salvation—
my stronghold!—I will not be shaken.
My deliverance and glory depend on God.
God is my strong rock.
My refuge is in God.
All you people: Trust in him at all times!
Pour out your hearts before him!
God is our refuge! *Selah*

Human beings are nothing but a breath.
Human beings are nothing but lies.
They don't even register on a scale;
taken all together they are lighter than a breath!
Don't trust in violence;
don't set false hopes in robbery.
When wealth bears fruit,
don't set your heart on it.
God has spoken one thing—
make it two things—
that I myself have heard:
that strength belongs to God,
and faithful love comes from you, my Lord—
and that you will repay
everyone according to their deeds.

Scripture quotations noted CEB are taken from the Common English Bible, copyright 2011. Used by permission. All rights reserved.

Beams of Heaven as I Go

United Methodist Hymnal #524

1. Beams of heaven as I go,
through this wilderness below,
guide my feet in peaceful ways,
turn my midnights into days.
When in the darkness I would grope,
faith always sees a star of hope,
and soon from all life's grief and danger
I shall be free some day.

Refrain:

I do not know how long 'twill be,
nor what the future holds for me,
but this I know: if Jesus leads me,
I shall get home some day.

2. Oftentimes my sky is clear,
joy abounds without a tear;
though a day so bright begun,
clouds may hide tomorrow's sun.
There'll be a day that's always bright,
a day that never yields to night,
and in its light the streets of glory
I shall behold some day.

(Refrain)

3. Harder yet may be the fight;
right may often yield to might;
wickedness a while may reign;
Satan's cause may seem to gain.
There is a God that rules above,
with hand of power and heart of love;
if I am right, he'll fight my battle,
I shall have peace some day.

(Refrain)

4. Burdens now may crush me down,
disappointments all around;
troubles speak in mournful sigh,
sorrow through a tear-stained eye.
There is a world where pleasure reigns,
no mourning soul shall roam its plains,
and to that land of peace and glory
I want to go some day.

(Refrain)

"Beams of Heaven as I Go" words by Charles Albert Tindley, ca. 1906, and is in the public domain.

O God, Our Help in Ages Past

United Methodist Hymnal #117

1. O God, our help in ages past,
our hope for years to come,
our shelter from the stormy blast,
and our eternal home!
2. Under the shadow of thy throne,
still may we dwell secure;
sufficient is thine arm alone,
and our defense is sure.
3. Before the hills in order stood,
or earth received her frame,
from everlasting, thou art God,
to endless years the same.
4. A thousand ages, in thy sight,
are like an evening gone;
short as the watch that ends the night,
before the rising sun.
5. Time, like an ever rolling stream,
bears all who breathe away;
they fly forgotten, as a dream
dies at the opening day.
6. O God, our help in ages past,
our hope for years to come;
be thou our guide while life shall last,
and our eternal home.

"O God, Our Help in Ages Past" words by Isaac Watts, 1719, and is in the public domain.